

Mail-In Registration
GEMS AT BUCKS COUNTY SUMMER PROGRAM 2024

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

IN PERSON COURSES

- Breakfast with Theatre Ariel \$18
- Food As Your Prescription for Wellness \$12
- History of Black Music in America \$30
- The Sounds of Vienna: Monarchs, Monuments & Music \$12
- Jewish Composers of Broadway Part 2 \$12
- Chair Yoga \$30
- Shalom Summer Concert (suggested) \$36
- Musical Performance: "You've Got a Friend in Me" \$18

ZOOM COURSES

- Political Affairs \$10

PAYMENT (Total Amount Enclosed) \$

Mail completed form with payment to:

Kaiserman JCC

45 Haverford Road, Wynnewood, PA 19096

Please make checks payable to: Kaiserman JCC/Gems

Or register online at: PhillyJCC.com/GemsBucksCounty

Questions? Call Greta Wrigley at 267.984.0722

Register and pay for courses via credit card online.

Credit cards not taken on location, only online.

Go to: PhillyJCC.com/GemsBucksCounty

Cancellation

When appropriate, Gems at the J will issue a credit, not a refund.

Credit

Credit will not be given after the first day of classes except in the event of illness or injury.

Registration

Please visit PhillyJCC.com/GemsBucksCounty to register via credit card.

Checks may be mailed to our office if preferred.

Class Location

Shir Ami
 101 Richboro Road
 Newtown, PA

Gems at the J

The new older adults hub at the Kaiserman JCC inspires older adults to live independently, actively and involved, through programs and activities that enhance wellbeing, promote engagement and foster community. Gems in Bucks County is part of this hub.

**Program Sponsor
 Bernard and Etta
 Weinberg Fund**

Check your emails frequently to stay up to date on any program changes.

**Bucks County
 Program Manager:**
 Greta Wrigley
 267.984.0722 or
GWrigley@PhillyJCC.com

Gems Kaiserman JCC
Philly 
 In Bucks County

Gems
At Bucks County
Summer Program 2024
Programs in Newtown



Gems Kaiserman JCC
Philly 
 In Bucks County

GEMS AT BUCKS COUNTY SUMMER PROGRAM 2024

IN-PERSON PROGRAMS

Programs at Shir Ami in Newtown, PA

1 THURSDAY July 18

BREAKFAST WITH THEATRE ARIEL

10:00AM-12:30PM | COURSE FEE \$18

Instructor: Jesse Bernstein, Artistic Director, Theatre Ariel



Join us for breakfast and a fun and engaging program. We will read scenes from plays that all focus, in one way or another, on a character's sense of Jewish identity. How do different playwrights tackle the subject in dialogue and action? What does it mean to put Jewish identity on the stage? What can we learn about ourselves or others from the way these characters see and express themselves? We'll keep things cozy, sitting in a circle and reading these scenes aloud together. It will be a delicious and enjoyable morning!



1 THURSDAY July 25

FOOD AS YOUR PRESCRIPTION FOR WELLNESS

10:00-11:00AM | COURSE FEE \$12

Instructor: Ginger Solomon, Board Certified Ayurvedic Health Counselor



The food that we consume at each meal becomes the basic nourishment needed to prevent or recover from life's most unwelcome health challenges. Anything that is taken into the body which is nourishing: food, water, breath, emotions, and sensory information- is considered to be a medicine which plays an integral role in our overall health and well-being. In this class, we will review the four pillars of health: diet, lifestyle, sleep, and stress management, and discuss how to improve the effectiveness of our digestive system to breakdown and use the nutrients in our food for optimal balance, strength and health.



3 THURSDAYS July 25-August 8

HISTORY OF BLACK MUSIC IN AMERICA

11:15AM-12:15PM | COURSE FEE \$30

Instructor: Steve Pollack, Lecturer and Performer



The rise of Rock & Roll is a direct result of the influence of Black music from the time of Ragime, Tap Dance, Swing, Gospel, Island Music and Country-style finger picking. In this program, we'll look at the evolution that led to the popularity of mainstream White Rock & Roll, led by performers such as Elvis, Johnny Cash, Carl Perkins and Jerry Lee Lewis. The real inspiration for these giants of rock and roll comes from performers such as Sister Rosetta Tharp, Chuck Berry, Howling Wolf, B B King and Fats Domino, who set the stage with Race Music, Blues with Rhythm and Rockin'-style Blues.



1 THURSDAY August 1

THE SOUNDS OF VIENNA:

Monarchs, Monuments & Music

10:00-11:00AM | COURSE FEE \$12

Instructor: Margaret Montet, Librarian and Author



Vienna, Austria, has been an irresistible destination for musicians and a center of musical activity for centuries. This multimedia presentation will explore the reasons for this attraction (music-loving monarchs), the musical innovations which originated in this sophisticated city, and then focus on its superstar composers (and their monuments). We'll travel virtually with Margaret's original photographs and stories, and many online musical examples to this city on the blue Danube to learn about the creation of serious art music, lighter popular entertainment, dance, and the visual arts.



1 THURSDAY August 8

JEWISH COMPOSERS OF BROADWAY PART 2

10:00-11:00AM | COURSE FEE \$12

Instructor: Dan Pantano, Concert Operetta Theater Executive and Artistic Director



What would Broadway be without Jewish composers? This lecture will cover the great composers and lyricists of Jewish lineage who wrote musicals and operettas in the 50s, 60s and 70s. Some hid their ethnicity and religion to move forward, but their brilliance shone through for the world to enjoy. We will listen to the music and lyrics of Berlin, Gershwin, and Kern, through Leonard Bernstein, Sheldon Harnick, Stephen Schwartz, Stephen Sondheim, and more!



3 WEDNESDAYS July 24-August 7

CHAIR YOGA

10:00-11:00AM | COURSE FEE \$30

Instructor: Renée Laevsky, Certified Yoga Therapist



Join our warm Chair Yoga community! Gently strengthen your body to prevent injury, improve functional fitness, and move through day-to-day tasks with more comfort and ease. Each class includes gradual flow of movements, all done while either sitting in a chair or standing using a chair for support. Modifications are offered throughout each class, making it the perfect solution for individuals of all abilities.



Events at the Kaiserman JCC in Wynnewood, PA

SUNDAY June 30

SHALOM SUMMER CONCERT: Featuring Nefesh Mountain Band Honoring 6 Over 60!

4:00-6:00PM | SUGGESTED DONATION \$36

Enjoy the music of the American/Folk/Bluegrass band Nefesh Mountain and celebrate with our six honorees: Lewellyn Thoman; Neil and Lois Shander; Karen Rosenfeld; Neil Haimm; Na'ama Yarden; and Fran and Marvin Weinberger. This event is for the entire family. More information to come.



THURSDAY July 18

MUSICAL PERFORMANCE: *You've Got a Friend in Me*

Celebrating the Music of Randy Newman

5:30-7:30PM | EVENT FEE \$18

This program includes dinner and features Paul Mamolou (vocals) and Ron Schaumburg on (keyboards) who will be bringing back the tunes of Randy Newman. Randy's songs range from the sweet to the sardonic, from the witty to the weepy. Most people know Randy from recordings such as "Short People," "I Love L.A.," and "You've Got a Friend in Me" from *Toy Story*. He has also composed scores for more than 30 movies, including *Ragtime*, *Awakenings*, and *The Natural*, in addition to all 4 – soon to be 5 - *Toy Story* movies.



ZOOM PROGRAM

WEDNESDAY July 10

POLITICAL AFFAIRS WITH DR. MATT KERBEL



11-12PM | COST \$10

Instructor: Dr. Matt Kerbel, Department of Political Science Villanova University

Back by demand, Dr. Kerbel will provide an analysis of the summer political map and the preparations for the November Elections.

