

# 2021 Covid Protocols

## Screening and Preventing Covid-19 Infections at Camp

For parents/guardians & staff



# CAMP KEF!

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## Camper & Staff Health

### Regular Screening and Assessment

- Parents and Staff will complete daily self-screening form.
- Monitor symptoms regularly.
- Emphasizing that Campers and Staff should stay home when they are generally sick, showing signs of COVID-19 or have been in contact with someone who has tested positive for COVID-19. Please use the Montgomery County Office of Public Health's camp exclusion guide to determine when a someone should be excluded from camp and for how long.
- Reminding families and staff to report any positive cases within their households to us and if they or their family members may have been exposed to anyone who has tested positive
- Ensuring that campers families and staff understand that by signing their children up for camp/ agreeing to work at camp, that they have made a "COVID Commitment" to follow any current guidelines in order to help maintain the safety and wellbeing of everyone at camp
- Requiring any campers entering camp to produce a negative PCR test up to 72 hours before camp starts

## Communication Systems

- Consistent with applicable law and privacy policies, have staff and families self-report to Camp Administrators if they have symptoms of COVID-19, a positive test result for COVID-19 or were exposed to someone with COVID-19 within the last 14 days.
- Notify staff and families of camp closures and restrictions in place to limit COVID-19 spread.
- Notify families when there is a need to shift activities indoors for an extended period of time due to weather related events.

## Promoting Behaviors that Reduce Spread and Maintain Healthy Environments

### Modify Layouts and Activities

- Campers will attend all scheduled activities as a bunk, no mixed groups, or large gatherings.
- Consistent staff will remain with their bunk all day.
- Staggered scheduled times for each bunk for activities.
- No field trips.
- Activities will be held outdoors as often and consistently as possible weather permitting.
- Scheduled bathroom times and specifically designated bathrooms for non scheduled use.
- Swimming schedules to ensure no bunks are in the locker room at the same time changing.
- Staggered playground water play times for each group.
- Campers will have their own rest cot that will not be shared.
- Campers will be placed on their cots head to toe with cots 2 ft apart through the bunk room.

- Additional sheltered outdoor spaces will be added to the campus to accommodate more groups remaining outdoors
- Specialists will maintain a minimum of 6 feet of distance from campers during their activities when not able to be outdoors.
- Specialists will maintain a minimum of 3 feet of distance from campers during their activities when outdoors.
- All camp staff have signed and agreed to adhere to any and all health policies including a responsibility to follow all current state and national health recommendations regarding safe practices

## **Carpool**

- All campers will arrive and dismiss through carpool. Parents will not enter the building for drop off or pick up.
- Only staff from that camper's bunk or a unit head will get them and their belongings from carpool at arrival and to carpool at dismissal.
- Each Unit will have their own designated carpool area on campus.
- Counselors are not permitted to enter vehicles to assist campers with buckling and unbuckling. Parents will be asked to park their cars in a legal spot if they want to buckle their children in or if the child can't buckle themselves

## **Hygiene**

- Teach and reinforce hand washing with soap and water for at least 20 seconds.
- Increase monitoring to ensure adherence among campers and staff.
- Daily reminders of safe hand-washing procedures
- Encourage staff and campers to cover coughs and sneezes with arm or a tissue when possible.
- Used tissues thrown in trash and hands should be washed immediately with soap and water for at least 20 seconds. If soap and water are not readily available, hand sanitizer should be used.

## **Face Coverings**

- Teach and reinforce the use of face coverings for all campers by staff. Masks should fit snugly, have at least two layers of fabric, and cover the mouth and the nose. Masks worn consistently and correctly can reduce the spread of COVID-19.
- All staff and campers are required to wear face coverings both indoors and outdoors at all times regardless of vaccination status or physical distance.

## **Cleaning and Shared Objects**

- Develop a schedule for increased routine cleaning of facility (e.g. bunk rooms, pool area frequently touched surfaces, etc.) Deploy fogging machines for specific areas of the building weekly
- Ensure safe, correct use of disinfectants, including storing products safely away from children. Use gloves when needed (e.g. diaper changing, handling food and disposing of trash.) Wash hands after removing gloves.
- Provide adequate soap, hand sanitizer, paper towels, tissues, disinfectant wipes, and cloth face coverings.
- Discourage sharing of items whenever possible, especially items that are difficult to disinfect. Provide supplies when possible for each individual group to minimize sharing.
- Keep each camper's belongings separated from others' in individually labeled areas or cubbies.

## **Pool and Water Play**

- Ensure campers and staff practice proper hygiene routine before entering and leaving the pool area.
- Restricting swimming to one bunk per pool unless otherwise advised by a medical professional and expert.
- Provide hand sanitizer in the pool area where hand washing is not available.
- Keflets will have their own water play equipment and toys for each group.
- Maintain adequate staff to ensure camper safety. Efforts to maintain physical distancing should not impact existing camp safety protocols (e.g. first aid, CPR)
- Bunks that are able to have instructional swim will have group style lessons with instructors giving guidance to whole group
- No longer having 1:1 instructors working directly with children in instructional swim
- Bunks that are unable to have instructional swim due to the nature of the lesson will have their instructional swim periods changed to free swim

## **Food Service**

- Campers will bring their own lunches. No outside lunch vendors will be used.
- Campers will eat in their bunk area with their group, not in cafeteria with mixed groups.
- Camp will provide snack for campers. Individually packaged.
- Weather permitting, all bunks 8 and above will eat outside.
- Bunks 1-7 will utilize social distancing guidelines during lunch periods.

## **Gatherings, Visitors and Field Trips**

- No nonessential visitors on campus.
- JCC members will not be using our facility.
- Campers will not go on field trips.
- Staff will remain on campus for the entire day.
- Parents will not enter the building

## **COVID-19 task force**

- An expert in infectious diseases will be brought in to consult on all policies and protocols being utilized at camp.
- A medical advisory board will convene periodically during the summer to evaluate and make any necessary changes to camp policy and protocols

## **Designated COVID-19 and Other Sickness Point of Contact**

- Our Camp Nurse and Camp Director will be the contact persons for any sickness or COVID-19 concerns.
- Make sure all camp staff knows the procedures for contacting them, their location in the facility and the safety procedures while in the nurse's office. Communication Systems
- Consistent with applicable law and privacy policies, have staff and families self-report to Camp Administrators if they have symptoms of COVID-19, a positive test result for COVID-19 or were exposed to someone with COVID-19 within the last 14 days. Notify staff and families of camp closures and restrictions in place to limit COVID-19 spread.

## Preparation if Someone Gets COVID-19

### Isolate Those Who are Sick

- Identify an isolation room or area and immediately separate staff or camper with COVID-19 symptoms (such as fever, cough or shortness of breath) at camp. Individuals who are sick will be cared for following CDC guidelines.
- Established procedure for if a person becomes sick and needs to be transported. Clean and Disinfect.
- Close off areas used by sick person and do not use these areas until after disinfecting them.
- Wait at least 24 hours before cleaning areas used by sick person. If 24 hours is not feasible, wait as long as possible.

### Notify Health Officials and Close Contacts

- In accordance with state and local regulations, camp administrators will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).
- Advise those who have had close contact with a person diagnosed with COVID-19 to separate themselves, self-monitor and follow CDC guidance if symptoms develop. Advise Sick Individuals of Home Isolation Criteria.
- Sick staff members or campers should not return to camp until they have met the Montgomery County Office of Public Health criteria to discontinue home isolation.
- As per CDC and Montgomery County Office of Public Health Guidelines, Vaccinated people who are exposed to Covid-19 will not be required to quarantine, but just monitor for symptoms.
- Convene a medical board of current camp parents to guide us in decision making around COVID situations within camp

**For the protection of the health and wellbeing of all children and staff at Camp, the following rules must be adhered to in regard to sick children:**

### Symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

**In an effort to protect the health and safety of all of our campers and staff, you will not be allowed to enter the Kaiserman JCC if your temperature is 100.4°F or more, or if you are experiencing or have experienced symptoms of COVID-19. In these cases, we suggest you seek medical assessment.**

Please review the guidelines below to determine when you may safely return to the Center.

- If a temperature of 100.4°F or higher was detected by the health screening or you reported having a fever, you may not return to the Center until:

- You are symptom-free for 24 hours without the use of fever reducing medications **AND** 10 days have passed since the appearance of symptoms;
- **OR** You have received negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected at least 24 hours apart;
- **OR** You present a doctor's note stating that the fever was not the result of COVID-19, and you do not have COVID-19.
- If you reported coughing or difficulty breathing, or two or more other symptoms of COVID-19 you may not return to the Center until:
  - You are symptom-free for 72 hours without the use of fever reducing medications **AND** 10 days have passed since the appearance of symptoms;
  - **OR** You have received negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected at least 24 hours apart.
- If you report having close-contact with someone with suspected or confirmed COVID-19 within the past 14 days, you may not enter the Center until 14 days have passed since the contact **AND** you are symptom free.
- If you have been diagnosed with, or believe you have, COVID-19, you may not return to the Center until:
  - 24 hours have passed fever-free without the use of fever-reducing medication;
  - **AND** You report improved respiratory symptoms (cough, breathing);
  - **AND** At least 10 days have passed since the symptoms first appeared. Asymptomatic individuals should use the date of their positive test as their Day One.

### **Kaiserman JCC Sick Policy**

- Children should not be in camp if they show any of these symptoms: Pain, including pain from a sore throat or congested ear, which makes it hard for the child to play, eat, or rest normally at nap time. A cough that interrupts normal play or sleep. Difficulty breathing during normal activities. Anything else that makes the child feel too tired or sick to participate in normal activities.
- **FEVER:** A child with a fever should stay home until fever-free (without the use of fever reducing medicine) for 24 hours. A fever is defined as a temperature greater than 101 degrees or higher. Children who are sent home with a fever may not return to school the following day.
- **STREP THROAT:** A child may return to school 24 hours after antibiotics have been started.
- **VOMITING:** A child may return to school 24 hours after the last episode.
- **COLDS:** Cold symptoms are described as an irritated throat, watery discharge from the nose and eyes, sneezing or coughing. A cold may or may not include a fever. Children are often most contagious in the early, runny stage of a cold.
- **DIARRHEA:** A child may return to school 24 hours after the last episode.
- **CONJUNCTIVITIS (PINK EYE):** A child may return to school 24 hours after antibiotic treatment or topical therapy has begun and eye ooze has stopped.
- **EAR INFECTIONS:** Whether or not your child's pediatrician has prescribed antibiotics to treat an ear infection, children should be fever-free for 24 hours before returning to school and not experiencing too much ear pain associated with the infection.
- **RASHES:** Child should stay home until diagnosed or symptoms are gone for 24 hours. If you have seen a doctor & the rash is not contagious, please bring a note from your child's doctor.
- **HEAD LICE:** We have a strict no-nit policy. No child may be in camp while there are any nits present in their hair. While every effort will be made to maintain the health of each child, our camp, like others, may be subject to pediculosis (head lice). Discovery of lice requires that the child be sent home and treated. All nits must be removed before the child can return to camp. Upon their return, the child's scalp will be inspected the camp nurse. If a case of lice is discovered at home, please report it to camp. We keep details of reports and incidents confidential, but we do need to alert other families.