

FALL SPORTS Clinics

Children in grades 2-6



Register Online: www.phillyjcc.com/register

Coach Sam Schuman

JCC Health and Recreation Director

sschuman@phillyjcc.com

(610) 896-7770 x125

Coach Sam Schuman began his coaching career down at the Baltimore JCC eight years ago working with athletes of all ages in all sports to help improve their skills and fundamentals. He comes from the viewpoint of an athlete himself having played baseball at an extremely high level. This allows him to better understand what each individual athlete needs to succeed. Coach Sam looks forward to using his experience to provide an experience rich in learning, growth, and competition for your child.

Flag Football Clinic



No Class: 9/23, 11/6

From first downs to touchdowns, your child will learn the fundamentals of football in a safe and fun environment. We will work through the skills integral to the game so that, by the end of the clinic, your child will have mastered some football basics AND have a clearer understanding of how the pros play! From throwing and catching, to footwork and plays, our focus will be on skills-building and friendly competition.

Day	Time	Class Dates	Length	Code	Price
Sundays	3:00-4:00pm	9/16-11/18	10 weeks	PEFFS	Member: \$160; Guest: \$190
Tuesdays	4:30-5:30pm	10/9-12/18	10 weeks	PEFFT	Member: \$160; Guest: \$190

Jr. Basketball Clinic



No Class: 9/23, 11/22, 11/25

Kobe honed his game at the Kaiserman JCC (true story!), and now your child can do the same. We'll focus on the fundamentals of basketball with fun, engaging drills designed to improve every player's game. Dribbling, passing, and shooting, as well as offensive and defensive strategy will be practiced and implemented in friendly competition.

Day	Time	Class Dates	Length	Code	Price
Sundays	1:00-2:00pm	9/16-12/16	12 weeks	PEJRBBS	Member: \$185; Guest: \$215
Thursdays	5:00-6:00pm	9/20-12/13	12 weeks	PEJRBBR	Member: \$185; Guest: \$215

Floor Hockey Clinic



No Class: 9/19, 9/23, 10/31, 11/21, 11/25

Whether your child knows the difference between a deke, a biscuit, and a pipe or they are brand new to hockey, this clinic is a great opportunity for hockey growth! Join us and practice stickhandling, shooting and passing. And, because we are off the ice, we will be able to focus on hockey fundamentals and game day strategy in a slower paced environment.

Day	Time	Class Dates	Length	Code	Price
Sundays	11:00am-12:00pm	9/16-12/16	12 weeks	PEFHS	Member: \$185; Guest: \$215
Wednesdays	4:30-5:30pm	9/12-12/19	12 weeks	PEFW	Member: \$185; Guest: \$215