

# Indoor Pool Schedule

## Winter/Spring 2019

Updated: March 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 am							
6:00 am	Lap Swim 5:30-9:30am	Lap Swim 5:30-10am	Lap Swim 5:30-9:30am	Lap Swim 5:30-9:30am	Lap Swim 5:30-10am	Lap Swim 8-11am	Lap Swim 8-11am
6:30 am							
7:00 am							
7:30 am							
8:00 am							
8:30 am							
9:00 am	Aqua Fit Trina 9:30-10:15am						
9:30 am							
10:00 am	Open Swim & 3 Lap Lanes 10:15-11:30am						
10:30 am							
11:00 am	Women's Only 11:30am-12:30pm						
11:30 am							
12:00 pm							
12:30 pm							
1:00 pm	Open Swim & 3 Lap Lanes 12:30-3pm	Open Swim & 3 Lap Lanes 10am-3pm	Open Swim & 3 Lap Lanes 12:30-3pm	Open Swim & 3 Lap Lanes 10:15am-3pm	Open Swim & 3 Lap Lanes 10am-4:30pm	Open Swim & 3 Lap Lanes 11am-4:30pm	Open Swim & 3 Lap Lanes 12pm-4:30pm
1:30 pm							
2:00 pm							
2:30 pm							
3:00 pm	Lessons & 3 Lap Lanes 3-5:30pm	Lessons & 3 Lap Lanes 3-4:45pm	Lessons & 3 Lap Lanes 3-5:30pm	Lessons & 3 Lap Lanes 3-4:45pm			
3:30 pm							
4:00 pm							
4:30 pm							
5:00 pm	Open Swim & 3 Lap Lanes 5:30-7pm	KidsTime & 2 Lap Lanes 4:45-5:45pm	Open Swim & 3 Lap Lanes 5:30-7pm	Open Swim & 3 Lap Lanes 4:45-8pm	KidsTime & 2 Lap Lanes 4:30-5:30pm		
5:30 pm							
6:00 pm							
6:30 pm							
7:00 pm	Men's Only 7-8pm	Aqua Fit Randee 6:15-7pm	Women's Only 7-8pm				
7:30 pm		Open Swim & 3 Lap Lanes 7-8pm					

Kaiserman JCC  
Wynnewood, PA  
phillyjcc.com  
(610) 896-7770

